# STUDY GUIDE OF ENT

# **MBBS COURSE**

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# INTRODUCTION

# **EDUCATIONAL HOURS**

Year	Theory	Practical	Total
3rd year	25 hours	25 hours (4 weeks clinical rotation)	50
4th year	50 hours	50 hours (6 weeks clinical rotation)	100
Total	75 hours in 36 weeks/year	75 hours	150 hours
Strategy	Lectures Problem based learning Small group discussion Case based discussion	Clinical Rotation & ward visit Seminars & CPC Audio video sessions Tutorial / PBL Skills Lab Practice	

# **LEARNING OUTCOMES**

#### AT THE END OF CURRICULUM STUDENT WILL BE ABLE TO

To equip doctors with essential knowledge, skill and attitude in order to enablethem to:

- Identify ENT diseases including emergencies, provide primary health care, refer to appropriate center and provide follow-up to the patients.
- Perform essential minor ENT procedures.
- Communicate effectively with the patient, the family and the community regarding disease and its relevant issues.
- Understand medical ethics and its application pertaining to ENT and maintain the confidentiality of the patient.
- To understand the prevalence and prevention of the common Public Health Problem related to ENT in the community
- Understand the principles of medical research including fundamentals of Information Technology

#### **FDUCATION STRATEGIES**

The educational strategies in this curriculum are multiple and aligned with domain of learning and according to the desired outcome

#### Interactive lectures

One-third of the curriculum will be delivered in a traditional didactic format including PowerPoint presentations and case discussions. Didactic education is considered to be a one-way transmission of material from teacher to learner, we cannot overlook the possibility of meaningful interaction between experts and learners during live lectures. This type of interaction, which allows for immediate clarification of concepts and extension of knowledge, may be particularly important for novice learners who have relatively little exposure to the subject matter, such as our study population.

#### Problem based learning

A lot of emphasis is on case based discussion. Problem-based learning (PBL) is complex and heterogeneous. A wide variety of educational methods are referred as PBL. These include Lecture-based case, Case based lecture, Case based discussions, Problem or inquiry based and Closed loop or reiterative. Incorporation of case based discussion in teaching enhances the critical thinking and problem-solving skills. It also helps in developing a broader prospective of clinical case scenarios.

#### Case based Discussion

A lot of emphasis is on case based discussion during ward placement. Problem-based learning (PBL) is complex and heterogeneous. A wide variety of educational methods are referred as PBL. These include Lecture-based case, Case based lecture, Case based discussions, Problem or inquiry based and Closed loop or reiterative. Incorporation of case based discussion in teaching enhances the critical thinking and problem-solving skills. It also helps in developing a broader prospective of clinical case scenarios (5).

## **Small Group Discussion**

Small group discussion provides a unique environment to achieve high standards in medical education. Activation of prior knowledge, exchange of ideas, and engagement at a higher cognitive level are assumed to result in deeper learning and better academic achievements by students (6).

#### **Clinical Skills Sessions**

Clinical skills session are important part of curriculum to achieve psychomotor and affective outcomes. Learning manual skills is a fundamental part of health care education, and motor, sensory and cognitive learning processes are essential aspects of professional development. Simulator training has been shown to enhance factors that facilitate motor and cognitive learning. Students learned manual skills, how to perform the procedure, and professional behaviour. They learned by preparing, watching, practising and reflecting. The simulator contributed by providing

opportunities for students to prepare for the skills training, to see anatomical structures, to feel resistance, and to become aware of their own performance ability (7).

#### Video sessions

Pathology is a subject which involves visual learning and formulating concepts. Video assisted learning sessions also provides opportunities to learn gross anatomy.

#### **Clinical Sessions**

Clinical sessions are important as they provide opportunity for experiential learning in terms of clinical skills and dealing with patients.

#### **ASSESSMENT**

#### MCQ's and SEQ's

Multiple choice question and short essay question test will be used at the end of part of curriculum to assess the learning of knowledge. These all assessment exercises will be formative. The written tests like Multiple-Choice Questions (MCQs) and Short-Essay Questions (SEQs) test formats are used for the assessment of cognitive domain. The MCQs are more objective and essentially select type of item response format. MCQs have a cueing effect, which promotes guessing and leads to higher scores. In addition, writing MCQs of higher cognitive level of problem solving is challenging. On the contrary, the SEQs are more subjective and have a supply or construct type item response format, which does not have any cueing effect and can effectively assess problem solving skills.

#### Clinical exam and OSCE

Short case and OSCE will be used to evaluate clinical skills and procedural skills at the ward end of placement. The OSCE is a method of clinical skill assessment, and it has been reported to be appropriate for assessing learning achievement levels in the psychomotor and emotional domains, which are difficult to evaluate with written examinations.

#### Viva Voce

Viva voce is used for assessment of knowledge and problem solving ability of students. This method is useful evaluating cognitive domain.

#### **Assignments**

Students of different year will be given assignment of different nature such as research and literature search and surveys

#### INTERNAL ASSESSMENT

- i. The weightage of internal assessment shall be 10% of totals marks.
- ii. Continuous internal assessment shall consist of evaluation at the end of each assignments, e.g. stages/sub-stage, class tests etc., attitudinal assessment from educational supervisors.
- iii. Assessment of knowledge, Skills and Attitude shall contribute toward internal assessment. Methods used to assess these domains shall include Multiple Choice Questions of one-best type, Short essay questions, Oral/Viva, and Practical/Clinical axaminations.
- iv. The score of internal assessment shall contribute to the score in the final examination, Final university examination of each subject shall contribute 90 to total score, and the candidate shall pass in aggregate.
- v. Proper record of continuous internal assessment shall be maintained.

## **LEARNING RESOURCES**

The department of ENT will require following resources for implementation resources:

- Human resource
- Instructors (faculty members)
- Curriculum coordinator curriculum secretary
- Infrastructure
- Lecture hall with AV aids
- Tutorial room with AV aids
- Skills Lab
- · Simulated patients and simulated manikins
- Computers

#### LISTS OF CONTENT RESOURCES

- Text book of ENT by Logan Turner. Latest Ed.
- Diseases of ENT by Dhengra. Latest Ed.
- Text Book of ENT by Masud.
- Oxford Hand Book of ENT by Prescott.
- Online Journals and Reading Materials through HEC Digital Library Facility.

# **CONTENTS MODULES**

S.No		Торіс
1	Module 1	Nose
2	Module 2	Disease of external nose
3	Module 3	Diseases of septum
4	Module 4	Rhinitis
5	Module 5	Polyps
6	Module 6	Foreign body nose
7	Module 7	Sinusitis
8		Tumours
9		Buccal cavity, oral cavity, oropharynx
10	Module 10	Larynx
11	Module 11	Ear
12	Module 12	Head & Neck
13	Module 13 Module 14	Clinical Skills Instruments
14	Wodule 14	Instruments

## **IMPLEMENTATION**

The curriculum will be spread over 2 year with 36 working weeks each year. During this period student will be exposed to various education strategies to achieve the learning objectives.

#### 3rd Year.

In this year student will be exposed to do clinical rotation, ward visit and skills lab to develop understanding of ENT and its applied aspects.

Theory (Lecture, SGD and PBL)	Practical (Clinical rotation, CPC, Skill Lab)
25 Hours (36 Weeks)	25 Hours

#### 4th Year.

In this year student will be exposed to do clinical rotation, ward visit and skills lab to develop understanding of ENT and its applied aspects.

Theory (Lecture, SGD and PBL)	Practical (Clinical rotation, CPC, Skill Lab)
50 Hours (36 Weeks)	50 Hours

#### THIRD YEAR WARD ROTATION IN EYE

Duration: 4 weeks (25 hours) Location: ward, OPD, Tutorial room

Tutors: Assistant professor, associate Professor, Professor

	Ward	С	Р	Α	% age	Assessment
Week 1						
Week 2						
Week 3						
Week 4						
Week 5						
Week 6						

#### **Evaluation:**

- Attendance of 75% is mandatory
- 15 clinical histories must be completed on history register
- Every Saturday will be formative assessment for course work of that week
- End of course work will be ward test
- Ward test will be OSPE and 2 short cases

#### FOURTH YEAR WARD ROTATION IN EYE

Duration: 6 weeks (50 hours) Location: Ward, OPD, Tutorial room

Tutors: Assistant Professor, Associate Professor, Professor

	Ward	С	Р	А	% age	Assessment
Week 1						
Week 2						
Week 3						
Week 4						
Week 5						
Week 6						

#### Evaluation:

- Attendance of 75% is mandatory
- 15 clinical histories must be completed on history register
- Every Saturday will be formative assessment for course work of that week
- End of course work will be ward test
- Ward test will be OSPE and 2 short cases

### PROGRAMME EVALUATION

#### Purpose of Evaluation

The major goals of the evaluation are to provide information that the students can use to achieve curricular objectives and that the faculty can use to monitor quality of and improve curriculum.

#### **Design of Evaluation**

The evaluation design as only posttest.

#### Users of evaluation: students, curriculum faculty, Principal Office

Resources: Curriculum faculty and departmental secretaries. No additional funding

#### **Evaluation guestion:**

- What percentage of students achieved 75% mandatory attendance?
- What percentage of students achieved pass marks in university exam?
- What are the strengths of the curriculum? What are the weaknesses? How can the curriculum can be improved?

Because of limited resources, the evaluation was kept simple. Data Collection was integrated into the curriculum schedule. The major goals of the evaluation are to provide information that the students can use to achieve curricular objectives and that the faculty can use to monitor quality of and improve curriculum. The evaluation design as only posttest.

#### End of curriculum evaluation form:

This will be filled by students and faculty members for evaluation of adequacy with each content was covered, whether they would recommend the curriculum to others and written comments on curriculum strengths, weaknesses and suggestions for improvements.

## **Annual Report:**

Based on evaluation of the educational programe report will be generated annually and submitted to Medical Educational Department.

# **OPHTHALMOLOGY**

	TABLE OF SPECIFICATION (ToS)		
Sr. No.	Topic Specification		SEQ's
1	Espistaxis		01
2	Nasal Septum		01
3	Stridor		01
4	Larynx / infection		01
5	Tracheostomy		01
6	Deafness		01
7	Middle Ear		01
8	Ext. ear canal		01
9	Oropharynx		01
		TOTAL	09

# **ENT**

	TABLE OF SPECIFICATION (ToS)	
Sr. No.	Topic Specification	MCQ's
1	Nasal polyp	02
2	Oral cavity	02
3	Nasal septum	03
4	Middle ear	07
5	Tumor Larynx	02
6	Larynx	05
7	Nose	04
8	Salivary gland	02
9	External ear	04
10	F/B Bronchus	01
11	Otosclerosis	02
12	CSF Rhinorrhea	01
13	Nose Sinuses	01
14	Vertigo	01
15	Oropharynx	03
16	Teacheostomy	01
17	Granulomatus disease	01
18	Tumor NPC	01
19	Tumour - Nose	01
20	Tumors	01
	Total	45

# **ENT**

Interactive Station 06 Stations Non observed station 06 Stations

	TABLE OF SPECIFICATION (ToS for OSPE)	
Sr. No.	Торіс	No. of Staion
1	Ear (Instruments / Radiograph / Patient Specimen / Photograph)	02
2	Nose (Instruments / Radiograph / Patient Specimen / Photograph)	02
3	Throat (Instruments / Radiograph / Patient Specimen / Photograph)	02
4	Short case Ear	01
5	Short case Nose	01
6	Short case throat	01
7	History taking	01
8	Viva internal	01
9	Viva external	01
	Total	12

# **ENT**

	FORMAT	
Sr. No.	COMMENTS	MARKS
1	<b>OSPE</b> 12 Stations (06 non-observed stations related to practicals (each of 04 marks)	90
2	THEORY	90
3	INTERNAL ASSESSMENT	20
	Total	200

	Contents		Objectives	Domain	Strategy	Assess- ment
	Module 1: Nose	: Nos	Ð			
		• •	Anatomy and physiology History taking and examination	C3 C3P2A2	LEC/SGD WARD/CBD	MCQ/SEQ OSPE
	Module 2:	: Dise	Module 2: Diseases of external nose			
		•	Congenital lesions, choanal atresia, meningiocoele, encephalocoele, trauma, cut nose, fractures, external deformities.	C3	LEC/SGD	MCQ/SEQ
	Module 3:	: Dise	Module 3: Diseases of septum			
		• • • •	Epistaxis DNS Haematoma Septal abscess Perforation	C33333 C33333	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
	Module 4: Rhinitis	: Rhin	iitis			
		• • • •	Allergic Atrophic Hyper-trophic Foreign bodies.	C3 C3 C3 C3 C3	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
	Module 5: Polyps	: Poly	sd			
		• • • •	Mucous Ethmoidal Antrochoanal Bleeding polypus	CC	LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
	Module 6:	: Fore	Module 6: Foreign body nose			
CURR		• •	Rhinolith Maggots	C3 C3	LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ
ICU	Module 7: Sinusitis	: Sinu	sitis			
LUM IMC		• • • •	Acute sinusitis Chronic sinusitis, complications Fungal infection of nose and paranasal sinuses CSF rhinorhea	23232	LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
≥ 20	www.imc.edu.pk	d.ub	*			

Module 8: Tumours	Domain Strategy ment	MCO/SEO	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD		C3 LEC/SGD MCQ/SEQ C3P2A2 WARD/CBD OSPE C3 LEC/SGD MCQ/SEQ	3 LEC/SGD MCQ/SEQ 3 LEC/SGD MCQ/SEQ	 LEC/SGD		
CURRICULUM IMC 21	Objectives	al cell carcinoma	Ses	Module 9: BUCCAL CAVITY, ORAL CAVITY, OROPHARYNX				CURRICUL IIM IM	

Contents	Objectives	Do-main	Strategy	Assess- ment
Module 10: LARYNX	LARYNX			
	<ul> <li>Anatomy, Physiology</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>History, Examination</li> </ul>	C3P2A2	WARD/CBD	OSPE
	<ul> <li>Glottic stenosis/larynogocoele, Laryngomalacia</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Truama, Foreign Body &amp; Infections of Larynx</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Supraglottitis, Acute laryngitis</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Laryngotracheobronchitis, Diphtheria</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	Chronic laryngitis, Tuberculosis	C3	LEC/SGD	MCQ/SEQ
	Syphilis, Leprosy	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Non specific chronic laryngitis</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Vocal nodules, Vocal cord paralysis, Functional aphonia</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Tumuors</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	Papilloma laryrnx	C3	LEC/SGD	MCQ/SEQ
	Polyp	C3	LEC/SGD	MCQ/SEQ
	Carcinoma larynx	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>TNM classification</li> </ul>	C3	LEC/SGD	MCQ/SEQ
	<ul> <li>Tracheostomy, Indications, Contra indications, Complication, Operation steps, Post op care</li> </ul>	C3P2A2	WARD/CBD	OSPE

Contents	Objectives	Domain	Strategy	Assess- ment
Module 11: EAR	: EAR			
	<ul> <li>Anatomy and physiology</li> <li>History and examination</li> <li>Tuning fork tests. Pure tone audiometery/impedance audio metery</li> <li>Pre auricular sinus</li> <li>Deafness, Pain in the ear</li> <li>External ear, Perichondritis, Trauma to pinna/haematoma, Wax ear, Foreign body ear, Hyper ostosis, Neoplasia, Boil ear, Fungus, Acute diffuse otitis externa, Malignant otitis externa Maringitis bullioca Traumatic runture</li> </ul>	C3 C3P2A2 C3P2A2 C3 C3 C3	LEC/SGD WARD/CBD WARD/CBD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ OSPE OSPE MCQ/SEQ MCQ/SEQ
	Acute ottis media  Acute ottis media  Acute ottis media  Serous ottis media  Chronic ottis me	2222222222222222	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ

Module 12: HEAD & NECK  • Cleft palate, Hare lip • Cleft palate, Hare lip • Lesions of salivary glands  Module 13: CLINICAL SKILLS  • Demonstrate the use of the head mirror for adequate illumination of the nasal cawity • Examine the oropharymx and the neck • Examination of topsthasal space by posterior rhinoscopy, • SPECHAL SKILLS: • Use the finger palpation examination of the orla cawity • SPECHAL SKILLS: • Use the finger palate to aid inspection of the buccal/cawity, • Use the finger palate to aid inspection of the buccal/cawity • Use the finger palate to aid inspection of the buccal/cawity • Demonstrate the use of organise used or and salivary glands in the neck. • Examination of cranial nerves • Identify structures (of the neck, sinuses and ear) on X-ray (MR), CT Scan) • Demonstrate the use of organise used in examination of the external auditory canal and • Demonstrate the use of tuning fork and interpret the findings • Demonstrate the use of tuning fork and interpret the findings • Demonstrate the use of tuning fork and interpret the findings • Springing of ear. • Removal of wax from ear • Removal of wax from ear • Removal of wax from ear • Anterior nasal packing	Domain Strategy ment		LEC/SGD MCQ/SEQ LEC/SGD MCQ/SEQ LEC/SGD MCQ/SEQ		C3P2A2 WARD/CBD OSPE	
	Objectives	e 12: HEAD & NECK	lip / sinus, Pre auricular cyst / sinus, D/D of mass neck / glands	e 13: CLINICAL SKILLS	al and	c.edu.pk

Domain	Level
Knowledge	C1 Knowledge C2 Comprehension C3 Application C4 Analysis C5 Synthesis C6 Evaluation
Psychomotor	P1 Observe P2 Practice P3 Adjust P4 Master P5 Develop P6 Construct
Affect	A1 Receiving A2 Responding A3 Valuing A4 Organization A5 Characterization